



## Case study: Two-Hour Enrichment Session for Year 6's Langton Green Primary School, Kent

**Aim:** To provide a reward activity following SATs which combined teamwork, resilience and communication, and included a competitive element.

### School's Objectives:

1. I can collaborate effectively with my team-mates, taking on different roles within the team as needed.
2. I can follow instructions correctly and swiftly while also ensuring that I ask for clarification when needed.
3. I can develop my knowledge of survival skills and put them into practice

**Activity:** Challenger Troop devised a round-robin set of activities focusing on basic survival skills. In the first part of the session, each team, supported by an individual Challenger Troop instructor, was taught how to light a fire, build a basic shelter and how to use blow-pipes and catapults. In the second session, the teams had to compete in a series of challenges using their newly-learnt skills in a race-off against each other. Their instructor was on hand for health and safety and encouragement only. The teams had to choose four members to take part in each of the three challenges, so that every team member had the chance to play a leading role at some point. To stand their best chance of winning, each team had to identify not only which of their members would be the best at the tasks allocated, but also who would work best together.



**Outcomes:** The participants built upon their observation and listening abilities, as many of them were learning basic survival skills to which they had not been exposed before. The competition element encouraged them to work together as a team, and to discover and evaluate each other's strengths. They were forced to pause, reflect and plan before undertaking the task set and they learned to focus on the task in hand in the face of competitive pressure from the other teams.

Participant Olivia (age 11) said the day was "really, really, really awesome and I learned that teamwork is really important". When asked what her favourite part was, she said "making camp and winning!"

Mr Hardwick, Year 6 teacher, said "Our enrichment session with Challenger Troop was exactly what I was hoping for. The instructors led all the activities with confidence and humour, truly getting the best out of every member of my class. I was really impressed that Neil and his team were fully prepared to plan a session that fitted perfectly to our Learning Journey, currently based on the book 'The Hunger Games'. The survival skills that the children were taught were valuable, and made all the more memorable by complementing our Learning Journey.

