



AIMING HIGHER

INTO WORK & TRAINING PROGRAMME

6 Step Journey of Change
NEET & Young Persons Bespoke Training Courses

Challenger Troop's **Aiming Higher Into Work & Training Programme** was created for young people aged 16-24 who have found themselves not in employment, education or training (NEET)

Our bespoke range of NEET and Young Persons Training Programmes enable young people to participate in courses where they are encouraged to develop in the following areas:

- Personal Fitness
- Health and Wellbeing
- Self-reliance
- Resilience
- Communication
- Working with others
- Engagement and participation
- Life Skills
- Citizenship
- Commitment

Alongside this our **Aiming Higher Programme 6 Step Journey of Change** ensures that young peoples employability skills are assessed and bolt-on courses are offered in areas such as; CV Writing, Interview Skills & Functional Skills (Maths, English & ICT).

At the end of the young persons training their **Aiming Higher Mentor** will be there for a period of 3 months; this support is designed to strengthen sustainability be it in employment, education or training.



AIMING HIGHER 6 STEP JOURNEY OF CHANGE

STEPS 1 & 2

Young people get to know us and we get to know them.

STEP 3

We offer 3 NEET Programmes ensuring that all young people are placed on a program matched to their needs. Alongside this each persons employability skills are assessed and bolt-on courses are offered in areas such as CV Writing, Interview Skills and Functional Skills.

STEP 4

The young persons Aiming Higher Plan is structured giving a 'snapshot' of their Aiming Higher Journey.

STEP 5

Working closely with young people Challenger Troop put the Aiming Higher Plan into action. Courses are held regularly at a wide variety of locations .

STEP 6

Each young person is offered 3 months of mentoring and support following their intensive training. This is designed to strengthen sustainability be it in employment, education or training.



NEET AIMING HIGHER PROGRAMMES

NEET Short Courses

- 3 Day Residential Life Skills Course

NEET Bespoke Programmes

- BTEC Level 1 - INTENSIVE COURSE (5 DAYS) *
Certificate in Teamwork, Personal Skills & Citizenship

NEET BTEC Course

- BTEC INTO WORK & TRAINING PROGRAMME (12 Week Course)

NEET Employability & Functional Skills Courses

- CV Writing & How to Prepare for Interview
- Maths
- English

* Challenger Troop also offer 24 & 36 week BTEC Level 1 & 2 Qualifications



NEET BESPOKE 3 DAY LIFE SKILLS COURSE (3 Days 2 Nights)

DAY	LOCATION	MODULE	ACTIVITY
Day 1 Start - 12.00hrs	Highsted Activity Centre Sittingbourne, Kent	LIFE SKILLS: Resilience; Communication; Discipline & Fitness	Safety Briefing; Fire Lighting; Shelter Building; Leave No Trace; Obstacle Course
Day 2	Highsted Activity Centre Sittingbourne, Kent	LIFE SKILLS: Resilience; Communication; Discipline & Fitness	Safety Briefing; Morning PT; First Aid Scenario; Stretcher Run; Air Rifles
Day 3 Finish - 12.00hrs	Highsted Activity Centre Sittingbourne, Kent	LIFE SKILLS: Resilience; Communication; Discipline & Fitness	Safety Briefing; Morning PT; Nav Ex; 'Ex Born Survivor' Climbing Tower; Award Ceremony

BTEC LEVEL 1 - NEET INTENSIVE BESPOKE COURSE PROGRAMME (5 DAYS)

DAY	LOCATION	MODULE	ACTIVITY
Day 1 10.00 - 16.00hrs	Highsted Activity Centre Sittingbourne, Kent	Induction	Safety Briefing; Reiterate Rules; Issue Uniform; Ice Breakers; Values & Standards; Fitness Tests/Goals; Nutrition & Health; Obstacle Course; Command Tasks; Debrief
Day 2 10.00 - 16.00hrs	Highsted Activity Centre Sittingbourne, Kent	Adventure Training	Safety Briefing; Reiterate Rules; Archery &/or Air Rifle Shooting &/or Mobile Climbing Tower; Intro to Citizenship; Project Planning; Team Challenges; Debrief
Day 3 10.00 - 16.00hrs	Highsted Activity Centre Sittingbourne, Kent	Community	Safety Briefing; Reiterate Rules; Community Project; Project Reflection; Fitness Tests/Goals; Team Challenges; Debrief
Day 4 10.00 - 12.00hrs	Highsted Activity Centre Sittingbourne, Kent	Residential	Safety Briefing; Issue Kit; Intro to Fieldcraft; Cam & Concealment; Keeping Safe & Warm; Intro to Field; Cooking; Tactical Challenges; Overnight Residential
Day 5 12.00 - 16.00hrs	Highsted Activity Centre Sittingbourne, Kent	Residential & Awards	Strike Camp; Team Challenges; Tactical Challenges; Pupil Voice - Review of Course Reflection; Group Discussion of Skills Gained; Award Ceremony; Debrief

BTEC INTO WORK & TRAINING PROGRAMME (12 WEEK COURSE)

WEEKS 1 - 5	LOCATION	MODULE	ACTIVITY
Week 1 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	INDUCTION WEEK	SAFETY BRIEFING; REITERATE RULES ICE BREAKERS; STANDARDS OF DRESS INITIAL FOOTDRILL TEAM CHALLENGES DEBRIEF
Week 2 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	DISCOVERY WEEK	SAFETY BRIEFING; REITERATE RULES, FITNESS TESTS; FITNESS GOALS, TEAM CHALLENGES; FIRST AID DEBRIEF
Week 3 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	FIELD CRAFT WEEK	SAFETY BRIEFING REITERATE RULES; CAMOUFLAGE & CONCEALMENT; HAND SIGNALS, PATROLLING; OBSTACLE CROSSING DEBRIEF
Week 4 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	SKILLS & CITIZENSHIP WEEK	SAFETY BRIEFING REITERATE RULES; CITIZENSHIP SKILLS, PLAN SPONSORED / CHARITY EVENT FIRST AID; DEBRIEF
Week 5 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	BUSH CRAFT WEEK	SAFETY BRIEFING REITERATE RULES BASIC FIRE LIGHTING SHELTER BUILDING SURVIVAL SAFETY DEBRIEF

BTEC INTO WORK & TRAINING PROGRAMME (12 WEEK COURSE)

WEEKS 6 - 10	LOCATION	MODULE	ACTIVITY
Week 6 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	ADVENTURE TRAINING WEEK	SAFETY BRIEFING, REITERATE RULES AS PER SEASON, MID COURSE REVIEWS FIRST AID, DEBRIEF
Week 7 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	NAVIGATION WEEK	SAFETY BRIEFING REITERATE RULES; YNAS SYLLABUS NAVIGATION; FIRST AID DEBRIEF
Week 8 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	RESIDENTIAL PREP WEEK	SAFETY BRIEFING REITERATE RULES FIELD COOKING; DUTIES OF A SENTRY EQUIPMENT PACKING; KEEPING SAFE & WARM DEBRIEF
Week 9 1600hrs 1300hrs Beginning the day before normal training day	Highsted Activity Centre Sittingbourne, Kent	RESIDENTIAL WEEK	SAFETY BRIEFING REITERATE RULES CAMPCRAFT, TACTICAL CHALLENGES COLLABORATION OF FIELD-CRAFT SKILLS DEBRIEF
Week 10 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	CONSERVATION & COMMUNITY WEEK	SAFETY BRIEFING REITERATE RULES CT AND/OR COMMUNITY PROJECT(S) FIRST AID DEBRIEF

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WEEKS 11 & 12	LOCATION	MODULE	ACTIVITY
Week 11 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	AWARDS NIGHT PREP WEEK AWARDS EVENING	SAFETY BRIEFING REITERATE RULES FOOTDRILL RESIDENTIAL/COURSE PUPIL VOICE REVIEWS TEAM CHALLENGES DEBRIEF
Week 12 10.00 - 14.00hrs	Highsted Activity Centre Sittingbourne, Kent	SUMMARY WEEK & COMMUNITY	SAFETY BRIEFING REITERATE RULES SET UP EVENT CONDUCT EVENT EVENT REFLECTION DEBRIEF

AIMING HIGHER JOB READY PROGRAMME OUTCOMES

Independent evaluation report shows conclusively that our programmes enable participants to develop self-assurance, respect, grit, resilience and lifeskills.

An independent report compiled by researchers from the University of Brighton shows 'significant improvements in young peoples self-control and management of behaviour, social skills, self-awareness, skills for learning and approach to learning'.

The report concluded that 'Challenger Troop courses enable young people to develop self-assurance, respect, grit, resilience and life-skills' and 'the courses offer some alternative approaches to learning, provide new opportunities, experiences and skills and provide the challenge for young people to reach their potential in life'.



University of Brighton

AIMING HIGHER JOB READY PROGRAMME

PARTICIPANT FEEDBACK

82% self-reported that they have changed their attitude, behaviour and working practices as a result of attending a Challenger Troop Programme

63.7% stated that they would take more responsibility for themselves
More than 67% felt more confident

62% wanted to improve the way they live, be more focused, follow instructions and be a better person

75% identified the course was very beneficial in helping them make significant changes in their lives



NEET Aiming Higher Programmes Cost

NEET COURSES	DURATION	COST PER PERSON	LOCATION
LIFE SKILLS	3 Days - 2 Nights	£265.00 + VAT	Outdoor Adventure Centre, Highsted, Sittingbourne, Kent
INTENSIVE (BTEC LEVEL 1)	5 Days - 1 Night	£375.00 + VAT (without BTEC) £625.00 + VAT (with BTEC)	
INTO WORK & TRAINING	1 day a week / 12 Weeks	£965.00 + VAT (BTEC incl.)	

LIFE SKILLS

A 3-day, 2-night residential course developing resilience, communication, discipline and fitness

INTENSIVE

A 5-day, 1-night course developing personal fitness, health and wellbeing, self-reliance, resilience, communication, working with others, engagement and participation, life skills, citizenship, and commitment. There is also the option of completing a BTEC Level 1 Certificate in Teamwork, Personal Skills & Citizenship

INTO WORK & TRAINING

1-day a week for 12 weeks, including a 1-night residential, this course develops personal fitness, health and wellbeing, self-reliance, resilience, communication, working with others, engagement and participation, life skills, citizenship, and commitment. This includes a BTEC Level 1 Certificate in Teamwork, Personal Skills & Citizenship

© Challenger Troop CIC, Challenger House, AR Centre, St John's Road, Tunbridge Wells, Kent, TN4 9UU

Tel: 0845 548 5070 Email: ENQUIRIES@CHALLENGERTROOP.ORG | IC Registration no: 06319421 UKPRN: 10041278

Challenger Troop CIC is NOT part of the MOD - Reserve Forces or Cadet Forces



enquiries@challengertroop.org | www.challengertroop.org